Health Reference Series

Second Edition

Death and Dying
SOURCEBOOK

Basic Consumer Health Information about
End-of-Life Care and Related Perspectives and Ethical
Issues, Including End-of-Life Symptoms and Treatments,
Pain Management, Quality-of-Life Concerns, the Use of
Life Support, Patients’ Rights and Privacy Issues,
Advance Directives, Physician-Assisted Suicide,
Caregiving, Organ and Tissue Donation, Autopsies,
Funeral Arrangements, and Grief

Along with Statistical Data, Information about the
Leading Causes of Death, a Glossary, and Directories
of Support Groups and Other Resources

Edited by
Joyce Brennfleck Shannon

Omniographics
615 Griswold Street • Detroit, MI 48226
# Table of Contents

Visit www.healthreferenceseries.com to view a Contents Guide to the Health Reference Series, a listing of more than 12,000 topics and the volumes in which they are covered.

Preface ........................................................................................................................... xi

**Part I: End-of-Life Perspectives**

Chapter 1—A Dying Person's Guide to Dying .................................................. 3
Chapter 2—Culture and the Dying Process ......................................................... 9
Chapter 3—Spirituality in End-of-Life Care ....................................................... 19
Chapter 4—Chronic Illness in Old Age ............................................................... 25
Chapter 5—Research Findings about End-of-Life Care and Outcomes .............. 33

**Part II: Medical Management of End-of-Life Symptoms**

Chapter 6—What Is Palliative Care? ................................................................. 43
Chapter 7—Common Problems of Critical Illness ............................................ 47
Chapter 8—Pain Management and Assessment ............................................... 53  
  Section 8.1—Pain Management ................................................................. 54  
  Section 8.2—Pain Assessment in Cancer Patients ........................................ 65  
  Section 8.3—Pain Assessment in Patients with Dementia ............................ 68
Chapter 9—Managing Fatigue and Other End-of-Life Symptoms .................... 73
Chapter 10—Palliative Wound Care ................................................. 91
Chapter 11—Acute Respiratory Distress Syndrome ....................... 99
Chapter 12—Artificial Hydration and Nutrition ............................ 107
Chapter 13—Nutrition Therapy in Cancer Care ............................ 109
Chapter 14—Cognitive Disorders and Delirium ............................ 115
Chapter 15—Clinical Trial Results That Impact End-of-Life Treatments ........................................ 121

Part III: Medical Decisions Surrounding the End of Life

Chapter 16—Preferences for Care at the End of Life .................... 127
Chapter 17—Alzheimer Disease and End-of-Life Issues ............... 133
Chapter 18—Advanced Cancer and End-of-Life Issues ............... 139
Chapter 19—Human Immunodeficiency Virus/Acquired Immune Deficiency Syndrome (HIV/AIDS) and End-of-Life Issues ........................................ 145
Chapter 20—Ethics and Legal Issues in Palliative Care ............... 151
Chapter 21—Life Support Choices ................................................. 157
Chapter 22—Termination of Life-Sustaining Treatment ............... 161
Chapter 23—Organ or Tissue Donation ........................................ 167
Chapter 24—Physician-Assisted Suicide ...................................... 173
Chapter 25—Autopsies ............................................................... 179

Part IV: End-of-Life Care Facilities

Chapter 26—Hospice Care: At Home or in a Nursing Facility ......................................................... 185
Chapter 27—Types of Long-Term Care ....................................... 195
Chapter 28—Long-Term Care: Choosing the Right Place .......... 201
Chapter 29—Alternatives to Nursing Home Care ....................... 207
Chapter 30—Home Care for Critically Ill Patients ..................... 215
    Section 30.1—Selecting Quality Home Health Care ................ 216
Section 30.2—Assistive Technology: Help for Patients with Chronic Conditions 220
Section 30.3—Respiratory Home Health Care 224
Section 30.4—Home Care for Cancer Patients 226

Part V: End-of-Life Caregiving

Chapter 31—Communications among Patients, Families, and Providers 233
Chapter 32—Holding On, Letting Go 245
Chapter 33—Information for Caregivers 251
  Section 33.1—Self-Care Tips for Caregivers 252
  Section 33.2—Who Is Providing Care? 263
Chapter 34—How to Help during the Final Weeks of Life 267
Chapter 35—The Dying Process 279
Chapter 36—What to Do when Death Occurs 285

Part VI: Death and Children: Information for Parents

Chapter 37—Caring for a Terminally Ill Child 295
Chapter 38—Making Decisions when Your Child Is Very Sick 301
Chapter 39—Children’s Hospice, Palliative, and End-of-Life Care 313
Chapter 40—Sudden Infant Death Syndrome (SIDS) 317
Chapter 41—Stillbirth, Miscarriage, and Infant Death 321
Chapter 42—Grieving the Death of a Child 335
Chapter 43—Helping Children Cope with Death and Funerals 339
Chapter 44—Guiding Children through Grief 351

Part VII: Legal and Economic Issues at the End of Life

Chapter 45—Getting Your Affairs in Order 359
Section 63.2—Leading Causes of Death for Men by Age and Race .......... 498
Section 63.3—Leading Causes of Death for Women by Age and Race .... 502
Chapter 64—Life Expectancy at Birth ........................................ 507
Chapter 65—Infant and Maternal Mortality Trends and Disparities ................................................................. 515
Chapter 66—Childhood Risk of Injury-Related Death ................. 535
Chapter 67—Work-Related Fatalities ...................................... 543
Chapter 68—Suicide Facts and Statistics .................................. 553
Chapter 69—Alcohol-Attributable Deaths ............................... 563
Chapter 70—Disparities in Deaths from Stroke ...................... 571
Chapter 71—Use of Health Care Resources at the End of Life .............................................................................. 577

Part X: Additional Help and Information

Chapter 72—Glossary of End-of-Life Terms ......................... 583
Chapter 73—Support Groups for End-of-Life Issues .............. 591
Chapter 74—Resources for Information about Death and Dying ................................................................. 595

Index .......................................................................................................................... 605