

# Omnigraphics

LIBRARY REFERENCE • 2020 CATALOG



*Publishers of quality reference products  
2020 Catalog and Order Form*

A recent national assessment determined that health literacy in the USA is only 12 percent among adults. Also, while the average American reading level is 5th grade, most healthcare information materials are written at a 10th grade level. Given the complexity of the US healthcare system and the confusion that this presents to the average American, it is now more important than ever that there is effective, available and accessible health information for Americans.

Think about that; 88% of Americans do not have a good understanding of health issues and options. This has a direct and negative impact on our society.

Facing this problem and finding the solution is both a challenge and a great opportunity for American public libraries. This is core to the mission of libraries to provide equal access to knowledge and answers through books, programs and other resources.

Omnigraphics has been publishing high quality reference content for over 30 years. This includes the *Health Reference Series*, a comprehensive series of 75 health information titles that together covers all areas of health information for the American reader. In this catalog you will find every title in the Series, including the 2020 releases.

We also present the full series in an ebook+ platform that provides natural language search across all of the titles, easy accessibility of any content and clear presentation of the content on the screen. This platform also includes citation, research, saving and emailing tools.

We believe every library should provide every American with appropriate access to all health information, and our Health Reference Program does exactly that. We provide flexible terms, support and continued innovation to ensure that you can provide your members with this critical information. Please feel free to contact our Resource team to see how we can help you.

*Live long and prosper,*  
**John**  
 CEO

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## Online Products

### The Health Reference Series Online

The most comprehensive and reliable health reference information source for consumers, with intuitive online search functions and extra research features such as citation generation, highlighting, saving, downloading, emailing and sharing on social media.

- Intuitive, natural search that allows users to easily search across topics and volumes to find the right information
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- Handy research tools including citation generation, highlighting, saving, downloading, emailing and sharing on social media
- Clean, easy-to-use interface with comprehensive help

*"A valuable medical research resource for public libraries and primary or secondary school libraries. It may also serve as a basic reference for career and vocational schools."*

-Library Journal (May 2017)

**Note:** With every Health Reference Series book you purchase, you get free online access to THAT book in the Health Reference Series Online.



Health Reference Series Online is a complete tool for researching health issues

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Teen Resource Center includes thousands of articles, purpose-written Q&As and additional contacts

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- Easy browse and navigate through key topics, or simple keyword search
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- Sharing, highlighting, citation generation and other useful research tools



#### 2020 CATALOG OFFER

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# DISABILITY SERIES

At the request of librarians serving the one in four Americans who live with a disability and those seeking the information needed to understand, navigate, and manage a disability, the Disability Series was developed as a specially focused set of volumes within Omnigraphics' Health Reference Series. Each volume deals comprehensively with a topic selected according to the needs and interests of these patrons.

## 2020 CATALOG OFFER

List Price: ~~\$45~~ Per Volume

**Library/Schools: \$39**

- Authoritative health information and facts geared to assist the reader in understanding the health challenges that they, a family member, or loved one is facing.
- Tables, charts, and illustrations display statistical data and supplement explanations.
- A professionally prepared master index that provides easy access to descriptive information, definitions, and related concepts.

## 2020 Title Schedule

**Disability Rights, Benefits, and Support Services SB, 1st Ed.**  
**Just Published! October 2019. 978-0-7808-1764-7**

**Physical Disability and Rehabilitation SB, 1st Ed.**  
**Just Published! October 2019. 978-0-7808-1765-4**

**Mental Disability and Rehabilitation SB, 1st Ed.**  
**Just Published! November 2019. 978-0-7808-1766-1**

**Communication Disabilities SB, 1st Ed.**  
**April 2020. 978-0-7808-1790-6**

**Visual Impairment and Rehabilitation SB, 1st Ed.**  
**July 2020. 978-0-7808-1806-4**

**Auditory Impairment and Assistive Hearing SB, 1st Ed.**  
**October 2020. 978-0-7808-1824-8**



# HEALTH REFERENCE SERIES

Comprehensive and Reliable Health Information

Each *Health Reference Series* volume addresses a wide range of topics including, where appropriate:

- Risk factors and prevention
- Evaluating symptoms
- Identifying appropriate care
- Comprehending a diagnosis
- Weighing treatment options
- Understanding the prognosis
- Dealing with side effects and co-occurring conditions
- Coping with the impact on work and family
- Complementary, alternative, and integrative medicine approaches
- Disease statistics
- Impact on special populations
- Research directions
- Health disparities
- Global health issues
- Accessing information and support

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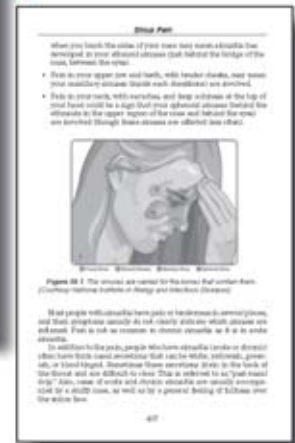
- Authoritative content
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- Tables, charts, and illustrations
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- Resource directories with contact information
- Comprehensive index
- Includes print and online access

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## 2020 HRS Title

**Physical Rehabilitation: Medicine and Therapy Sourcebook, 1st Ed.**  
**January 2020. 978-0-7808-1774-6**

**Disease Management Sourcebook, 3rd Ed.**  
**February 2020. 978-0-7808-1776-0**

**Ethnicity, Race, and Diseases Sourcebook, 1st Ed.**  
**February 2020. 978-0-7808-1780-7**

**Cancer Survivorship Sourcebook, 3rd Ed.**  
**March 2020. 978-0-7808-1784-5**

**Animal-, Insect-, Food-, and Water-Borne Illnesses and Diseases and How They Relate to You, 1st Ed.**  
**April 2020. 978-0-7808-1792-0**

**Eye Care Sourcebook, 6th Ed.**  
**May 2020. 978-0-7808-1794-4**

**Kidney Disease and Urinary Tract Disorders Sourcebook, Third Edition**  
**May 2020. 978-0-7808-1840-8**

**Surgery Sourcebook, 5th Ed.**  
**May 2020. 978-0-7808-1798-2**

**Traumatic Brain Injury Sourcebook, 1st Ed.**  
**June 2020. 978-0-7808-1800-2**

**Stroke Sourcebook, 5th Ed.**  
**June 2020. 978-0-7808-1802-6**

**Obesity and Overweight Sourcebook, 1st Ed.**  
**July 2020. 978-0-7808-1808-8**

**Women's Health Concerns Sourcebook, 6th Ed.**  
**August 2020. 978-0-7808-1810-1**

**Infant, Toddler, and Child Health Sourcebook, 1st Ed.**  
**August 2020. 978-0-7808-1812-5**

**Anxiety Disorders Sourcebook, 2nd Edition**  
**September 2020. 978-0-7808-1818-7**

**Sports Injuries Sourcebook, 6th Ed.**  
**November 2020. 978-0-7808-1826-2**

## HEALTH REFERENCE SERIES

### Comprehensive and Reliable Health Information

#### **Adolescent Health SB, 4th Ed.**

Consumer health information about the physical, mental, and emotional health and development of adolescents.  
**Jan 2018. 978-0-7808-1611-4.**

#### **Aging SB, 1st Ed.**

Consumer health information about aging and associated diseases and medical conditions.  
**Oct 2017. 978-0-7808-1583-4.**

#### **AIDS SB, 7th Ed.**

Consumer health information about transmission, testing, stages, and treatment of human immunodeficiency virus (HIV), with facts about prevention, related complications, and tips for living with HIV/AIDS.  
**Aug 2018. 978-0-7808-1636-7.**

#### **Alcoholism SB, 5th Ed.**

Consumer health information about alcohol abuse, addiction, and related health effects, with facts about treatment and recovery.  
**May 2018. 978-0-7808-1624-4.**

#### **Allergies SB, 6th Ed.**

Provides basic consumer health information about causes, triggers, and treatment of allergic disorders, along with coping strategies and prevention tips.  
**Oct 2018. 978-0-7808-1646-6.**

#### **Alzheimer Disease SB, 7th Ed.**

Provides consumer health information about Alzheimer disease, tips for maintaining cognitive functions, and long-term planning strategies.  
**Jan 2019. 978-0-7808-1677-0**

#### **Anxiety Disorders SB**

Provides consumer health information about the ways people encounter anxiety and its various types, including general anxiety disorder, obsessive-compulsive disorder, post-traumatic stress disorder (PTSD), and panic disorder.  
**Nov 2017. 978-0-7808-1587-2.**

#### **Arthritis SB, 5th Ed.**

Consumer health information about symptoms, diagnosis, and treatment for major forms of arthritis, along with self-care tips and coping strategies.  
**June 2018. 978-0-7808-1626-8**

#### **Asthma SB, 5th Ed.**

Offers consumer health information about diagnosis, treatment, and management of asthma, including facts about coping with the disease and minimizing triggers, along with a special section on asthma in children.  
**Nov 2018. 978-0-7808-1652-7.**

#### **Autism and Pervasive Developmental Disorders SB, 4th Ed.**

Provides consumer health information

about the causes, risk factors, symptoms, and diagnosis of autism spectrum disorders and related conditions, along with facts about interventions and treatments, educational guidelines, and coping tips for families.  
**Dec 2018. 978-0-7808-1656-5.**

#### **Back and Neck Disorders SB, 3rd Ed.**

Provides consumer health information about spinal injuries, pain, and related disorders, and facts on maintaining spinal health, pain care, and rehabilitation.  
**June 2019. 978-0-7808-1705-0**

#### **Blood and Circulatory Disorders SB, 5th Ed.**

Provides consumer health information about blood and circulatory system disorders, and bone marrow and stem cell transplants.  
**Aug 2019. 978-0-7808-1715-9**

#### **Brain Disorders SB, 5th Ed.**

Consumer health information about the diagnosis and treatment of acquired and traumatic brain injuries, brain disorders, and degenerative diseases and conditions.  
**April 2018. 978-0-7808-1620-6.**

#### **Breast Cancer SB, 6th Ed.**

Provides consumer health information about the risk factors and symptoms of

breast cancer, and screening procedures, diagnosis, and treatments.

**Mar 2019. 978-0-7808-1687-9**

#### **Cancer SB For Women, 6th Ed.**

Consumer health information about risk factors, prevention, diagnosis, and treatment of cancers of concern to women.

**July 2018. 978-0-7808-1630-5.**

#### **Cancer SB, 8th Ed.**

Consumer health information about risks, prevention, and treatment of major forms of cancer.

**May 2018. 978-0-7808-1622-0.**

#### **Cancer Survivorship SB, 2nd Ed.**

Provides consumer health information about living with cancer after diagnosis, making cancer care decisions, coping with complications of treatment, and maintaining wellness after treatment.

**March 2017. 978-0-7808-1549-0.**

#### **Cardiovascular Disorders SB, 7th Ed.**

Provides consumer health information about heart and blood vessel disorders, along with information on risk factors, prevention, diagnosis, and treatment.

**July 2019. 978-0-7808-1707-4**

#### **Child Abuse SB, 5th Ed.**

Provides consumer health information about child abuse and neglect, and facts about risk factors, prevention, legal interventions, child protection, and therapies.

**May 2019. 978-0-7808-1699-2**

#### **Childhood Diseases and Disorders SB, 5th Ed.**

Provides consumer health information about the physical, mental, and developmental health of preadolescent children, and details about vaccines, medications, and wellness.

**JUST PUBLISHED! Nov 2019. 978-0-7808-1729-6**

#### **Complementary and Alternative Medicine SB, 6th Ed.**

Consumer health information about alternative and complementary medical therapies, including dietary supplements, mind-body medicine, and manipulative and body-based therapies, along with facts about alternative treatments for specific diseases and conditions.

**July 2018. 978-0-7808-1632-9.**

#### **Congenital Disorders SB, 4th Ed.**

Provides consumer health information about nonhereditary birth defects

and disorders, including facts about prevention and treatment options.

**Feb 2018. 978-0-7808-1613-8.**

#### **Contagious Diseases SB, 4th Ed.**

Provides consumer health information about contagious diseases and facts about medications, prevention, antibiotics and drug resistance, vaccination, and self-care.

**Sep 2019. 978-0-7808-1719-7**

#### **Death and Dying SB, 3rd Ed.**

Provides consumer health information about management of end-of-life symptoms, caregiving and facility evaluation, and legal and economic issues associated with end-of-life.

**Dec 2016. 978-0-7808-1496-7.**

#### **Dental Care and Oral Health SB, 6th Ed.**

Provides consumer health information about dental and oral care, dental hygiene, routine care, and orthodontic and orofacial procedures, and suggestions related to finding and financing care.

**Sep 2019. 978-0-7808-1721-0**

#### **Depression SB, 5th Ed.**

Provides consumer health information about types of depression and their symptoms, diagnosis, causes, and treatment, and tips to improve self-esteem and resilience.

**JUST PUBLISHED! Dec 2019. 978-0-7808-1735-7**

#### **Drug Abuse SB, 6th Ed.**

Provides consumer health information about drugs of abuse, over-the-counter medication misuse, and drug testing, drug-abuse prevention, intervention, and treatment.

**Feb 2019. 978-0-7808-1683-1**

#### **Diabetes SB, 7th Ed.**

Consumer health information about diagnosis, treatment, and management of Type 1 and Type 2 diabetes, along with facts about lifestyle issues and preventing complications.

**Oct 2018. 978-0-7808-1648-0.**

#### **Diet and Nutrition SB, 6th Ed.**

Provides consumer health information about dietary guidelines, recommended daily nutrient intakes and meal plans, weight loss and maintenance, and healthy food choices.

**July 2019. 978-0-7808-1711-1**

#### **Disabilities SB, 4th Ed.**

Offers consumer health information about physical, sensory, cognitive, and learning disabilities, along with facts about assistive devices, technologies, and related services to promote independence, and guidance for families on education and employment options, legal, and financial concerns.

**Sept 2018. 978-0-7808-1642-8.**

#### **Disease Management SB, 2nd Ed.**

Consumer health information about managing serious and chronic illness, navigating the healthcare system and finding and evaluating health information, patient rights and responsibilities, assistive technologies, and tips for dealing with legal, financial, and health insurance matters.

**Mar 2017. 978-0-7808-1545-2.**

#### **Domestic Violence SB, 6th Ed.**

Provides consumer health information about violence, stalking, harassment, and other forms of abuse, and discusses the physical, mental, and social effects of violence against intimate partners, children, teens, the elderly, immigrants, and other populations; gives strategies for prevention and intervention.

**Dec 2018. 978-0-7808-1654-1.**

#### **Ear, Nose, and Throat Disorders SB, 3rd Ed.**

Provides consumer health information about symptoms, causes, diagnosis, and treatment of diseases and disorders that affect ears, nose, sinuses, throat, and voice.

**June 2019. 978-0-7808-1701-2**

#### **Eating Disorders SB, 5th Ed.**

Provides consumer health information about eating disorders that affect men and women and provides details about risk factors, warning signs, prevention, treatment, and recovery.

**Feb 2019. 978-0-7808-1681-7**

#### **Emerging Infectious Diseases SB, 1st Ed.**

Provides consumer health information about the immune system and emerging infectious diseases along with information about international travel guidance, diagnostic tests, and treatment methods.

**July 2019. 978-0-7808-1709-8**

#### **Endocrine and Metabolic Disorders SB, 4th Ed.**

Provides consumer health information about hormonal and metabolic disorders,

endocrine functioning, screening and diagnosis, and treatment.

**JUST PUBLISHED! Dec 2019. 978-0-7808-1733-3**

#### **Environmental Health SB, 5th Ed.**

Consumer health information about the health effects of environmental hazards and diseases linked to environmental causes, with facts about the impact on specific populations.

**June 2018. 978-0-7808-1628-2.**

#### **Eye Care SB, 5th Ed.**

Provides basic consumer health information about the diagnosis and treatment of eye diseases and disorders and the prevention of eye injuries, along with tips for coping with low vision.

**April 2017. 978-0-7808-1532-2.**

#### **Fitness and Exercise SB, 6th Ed.**

Provides consumer health information about the benefits of physical fitness for all ages, injury prevention, fitness tourism, and wearable technologies.

**JUST PUBLISHED! Oct 2019. 978-0-7808-1725-8**

#### **Gastrointestinal Diseases and Disorders SB, 4th Ed.**

Consumer health information about the causes, symptoms, diagnosis, and treatment of digestive diseases and disorders of the gastrointestinal tract, including facts about the effects of food intolerances, infections, and certain cancers.

**Nov 2018. 978-0-7808-1650-3.**

#### **Genetic Disorders SB, 7th Ed.**

Provides consumer health information about heritable disorders, human genome project, genetic testing and newborn screening, gene therapy, and the special needs of children with genetic disorders.

**May 2019. 978-0-7808-1695-4**

#### **Health Technology SB, 1st Ed.**

Provides consumer health information about the application of science to develop solutions to health problems or issues such as the prevention or delay of onset of diseases or the promotion and monitoring of good health.

**Feb 2018. 978-0-7808-1591-9.**

#### **Immune System Disorders SB, 4th Ed.**

Provides consumer health information about immune system disorders, along with treatments and tips for coping with immune disorders.

**JUST PUBLISHED! Oct 2019. 978-0-7808-1727-2**

#### **Learning Disabilities SB, 5th Ed.**

Offers consumer health information about the signs, symptoms, and diagnosis of various learning disabilities and other conditions that impact learning, along with facts about early intervention and the special education process, advice for coping at home and school, and handling the transition to adulthood.

**Aug 2016. 978-0-7808-1520-9.**

#### **Learning Disabilities SB, 6th Ed.**

Provides consumer health information about communication, auditory, and visual processing disorders, and other learning disorders, along with information about the diagnosis, early intervention, special education, and legal protections.

**June 2019. 978-0-7808-1703-6**

#### **Medical Tests SB, 6th Ed.**

Provides consumer health information about endoscopic, imaging, laboratory, and other types of medical testing for disease diagnosis and monitoring, along with guidelines for screening and preventive care testing in children and adults.

**Sept 2018. 978-0-7808-1640-4.**

#### **Men's Health Concerns SB, 6th Ed.**

Provides consumer health information about trends and issues in men's health, reproductive and sexual concerns, genetic disorders, and information about screenings, vaccinations, self-examinations, and healthy lifestyle choices.

**Aug 2019. 978-0-7808-1717-3**

#### **Mental Health Disorders SB, 7th Ed.**

Provides consumer health information about mental illnesses and mental-health concerns in the general population and specific groups, and information about diagnosis and treatment.

**Jan 2019. 978-0-7808-1679-4**

#### **Movement Disorders SB, 3rd Ed.**

Provides consumer health information about diagnosis, treatment, and management of Parkinson disease and other hypokinetic and hyperkinetic movement disorders, along with advice for family members and caregivers.

**Mar 2018. 978-0-7808-1609-1.**

#### **Multiple Sclerosis SB, 2nd Ed.**

Provides consumer health information about multiple sclerosis and its effects on various bodily and cognitive functions, along with details about risk factors, causes, diagnosis, pain management,

treatment, and therapies.

**May 2019. 978-0-7808-1697-8**

#### **Osteoporosis SB, 2nd Ed.**

Provides consumer health information about primary and secondary osteoporosis and juvenile osteoporosis, and information about risk factors, treatments, and pain management.

**Mar 2019. 978-0-7808-1685-5**

#### **Pain SB, 5th Ed.**

Consumer health information about the causes and management of various types of acute and chronic pain, along with prevention strategies and coping tips. Includes index, glossary of related terms, other resources and online access.

**Aug 2017. 978-0-7808-1571-1.**

#### **Pregnancy and Birth SB, 4th Ed.**

Provides consumer health information about pregnancy and fetal development, health and wellness during pregnancy, and caring for newborn infants.

**April 2019. 978-0-7808-1693-0**

#### **Respiratory Disorders SB, 5th Ed.**

Provides consumer health information about lung and respiratory disorders and pediatric respiratory disorders, and prevention and treatment.

**Sep 2019. 978-0-7808-1723-4**

#### **Sexually Transmitted Diseases SB, 7th Ed.**

Provides consumer health information about sexual health and the screening, diagnosis, treatment, and prevention of common sexually transmitted diseases.

**April 2019. 978-0-7808-1691-6**

#### **Sleep Disorders SB, 5th Ed.**

Provides consumer health information about sleep disorders and health problems that affect sleep, and details about the diagnosis and treatment of sleep-related disorders.

**Aug 2019. 978-0-7808-1713-5**

#### **Smoking Concerns SB, 2nd Ed.**

Provides consumer health information about the health risks of smoking and nicotine addiction, and facts about smoking prevention programs and the advantages of a smoke-free lifestyle.

**April 2019. 978-0-7808-1689-3**

#### **Sports Injuries SB, 5th Ed.**

Provides consumer health information about sports injuries in various parts of the body, protective equipment and preventive measures, treatment options,



and a special section on sports injuries in children and teens.

**July 2017. 978-0-7808-1528-5.**

**Stress-Related Disorders SB, 5th Ed.**

Consumer health information about types of stress and the stress response, the physical and mental health effects of stress, along with facts about treatment for stress-related disorders, and stress management techniques for adults and children.

**Aug 2018. 978-0-7808-1634-3.**

**Stroke SB, 4th Ed.**

Provides consumer health information about stroke prevention, diagnosis, treatment, complications, and rehabilitation strategies.

**June 2017. 978-0-7808-1561-2.**

**Surgery SB, 4th Ed.**

Consumer health information about common surgical procedures, potential risks and complications, pain control options, and recovery issues. Recent advances in surgery are also discussed.

**July 2017. 978-0-7808-1565-0.**

**Women's Health Concerns SB, 5th Ed.**

Provides consumer health information about conditions and disorders that affect women, along with facts about recommended health screenings and tips on avoiding risk factors to maintain wellness.

**Sept 2017. 978-0-7808-1577-3.**



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# TEEN HEALTH SERIES

Includes Online Access

## Vital Health Information for Young Adults

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Teens need a reliable source of no-nonsense health information—whether they are wondering about their own health, concerned about a friend or family member, or writing a report for school. The Teen Health Series is a leading resource for librarians, teachers, and students who are looking for medical information that is authoritative, well-organized, and easy-to use. Each volume deals comprehensively with a high-interest topic, with a detailed contents section that will lead readers directly to the information they need.

### STANDARD FEATURES

- Accessible organization
- Charts, tables, and illustrations
- Resource directories with
- Comprehensive index
- Convenient trim
- Includes print and online access

List price: \$69 PER VOLUME

SCHOOL AND LIBRARY PRICE: **\$62** PER VOLUME

### 2020 Title Schedule

Traveler's Health and Safety Information for Teens, 1st Ed.  
February 2020. 978-0-7808-1778-4

Tobacco and e-Cigarette Information for Teens, 4th Ed.  
March 2020. 978-0-7808-1786-9

Suicide Information for Teens, 3rd Ed.  
June 2020. 978-0-7808-1804-0

Learning Disabilities Information for Teens, 3rd Ed.  
August 2020. 978-0-7808-1814-9

Anxiety and Depression Information for Teens, 1st Ed.  
September 2020. 978-0-7808-1820-0

#### Abuse and Violence Information for Teens, 3rd Ed.

Offers consumer health information for teens about risk factors, consequences, and prevention of various types of abuse and violence.

**JUST PUBLISHED!** Nov 2019. 978-0-7808-1743-2

#### Accident and Safety Information for Teens, 2nd Ed.

Provides consumer health information for teens about traumatic injuries, medical emergencies, emergency preparedness, and facts about various types of accidents, natural disasters, and national security threats.

Sep 2019. 978-0-7808-1739-5

#### Alcohol Information for Teens, 4th Ed.

Provides consumer health information

for teens on effects of alcohol use on adolescents, treatment of addictions, and alcoholism in families.

Aug 2017. 978-0-7808-1563-6.

#### Allergy Information for Teens, 3rd Ed.

Provides consumer health information for teens about allergies, including facts about treating and preventing allergic reactions and complications, and tips for coping with allergies at home and school.

Jan 2018. 978-0-7808-1593-3.

#### Cancer Information for Teens, 4th Ed.

Provides consumer health information for teens about cancer risk factors, prevention, and treatment, along with tips for coping with cancer at home and school, and helping a friend or family

member who has cancer.

Feb 2018. 978-0-7808-1615-2.

#### Complementary and Alternative Medicine Information for Teens, 3rd Ed.

Provides consumer health information for teens about diverse medical systems and therapies used together with or in place of conventional medicine.

Mar 2018. 978-0-7808-1617-6.

#### Diabetes Information for Teens, 3rd Ed.

Provides consumer health information for teens about types of diabetes, diabetes-related health concerns, diabetes management, and the prevention of diabetes-related complications.

Aug 2019. 978-0-7808-1737-1

#### Diet Information for Teens, 4th Ed.

Provides basic consumer health information for teens on diet, nutrition,

weight control, and related medical conditions.  
**October 2016. 978-0-7808-1386-1.**

**Drug Information for Teens, 5th Ed.**  
Offers consumer health information for teens about drug use, abuse, and addiction, including facts about illegal drugs and the abuse of legally available substances found in over-the-counter medications; describes drug-related health risks and treatment for addiction  
**Aug 2018. 978-0-7808-1638-1.**

**Eating Disorders Information for Teens, 4th Ed.**  
Provides consumer health information for teens about causes, prevention, and treatment of eating disorders, along with tips for healthy eating.  
**May 2017. 978-0-7808-1559-9.**

**Fitness Information for Teens, 4th Ed.**  
Provides consumer health information for teens about maintaining health through physical activity, including facts about preventing injury and overcoming obstacles to fitness.  
**Oct 2017. 978-0-7808-1585-8.**

**Learning Disabilities Information for Teens, 2nd Ed.**

Consumer health information about learning disabilities and their common signs, causes, and diagnostic procedures. Gives coping tips and facts for teens with learning disabilities.

**Feb 2017. 978-0-7808-1472-1.**  
**Mental Health Information for Teens, 5th Ed.**  
Provides consumer health information about the causes, warning signs, and symptoms of mental health disorders, along with facts about treatment approaches and tips for teens on coping with stress, building self-esteem, and maintaining mental wellness.  
**Aug 2017. 978-0-7808-1573-5.**

**Pregnancy Information for Teens, 3rd Ed.**  
Provides consumer information for teens about maintaining health during pregnancy, preparing for childbirth, and caring for a newborn.  
**May 2017. 978-0-7808-1557-5.**

**Sexual Health Information for Teens, 5th Ed.**  
Offers consumer health information for teens about puberty, development, and sexuality, maintaining sexual health, and preventing pregnancy and sexually transmitted diseases.  
**Oct 2018. 978-0-7808-1644-2.**

**Skin Health Information for Teens, 4th Ed.**  
Provides consumer health information for teens about acne, infections, and other skin conditions, with facts about skin cancer prevention and tips for taking care of the skin, nails, and hair.  
**Sept 2017. 978-0-7808-1579-7.**

**Sleep Information for Teens, 2nd Ed.**  
Consumer health information about sleep and sleep requirements for teens and explains the biological processes involved in sleep and discusses circadian rhythms, dreaming, sleep hygiene, and sleep disorders.  
**Jan 2018. 978-0-7808-1478-3.**

**Sports Injuries Information for Teens, 4th Ed.**  
Consumer health information for teens about sports-related injury prevention, treatment, and rehabilitation. Includes index and resource information.  
**Sept 2017. 978-0-7808-1567-4.**

**Stress Information for Teens, 3rd Ed.**  
Provides consumer health information for teens about common causes of stress, the effects of stress on the body and mind, and coping strategies.  
**Nov 2017. 978-0-7808-1589-6.**

**Suicide Information for Teens, 3rd Ed.**  
Offers consumer health information for teens on suicide risk factors, prevention, treatment of depression, and related psychological conditions common in adolescents.  
**Mar 2017. 978-0-7808-1490-5.**

**Tobacco Information for Teens, 3rd Ed.**  
Provides information about the health consequences associated with smoking and other forms of tobacco use.  
**Feb 2017. 978-0-7808-1387-8.**

**TEEN**  
HEALTH SERIES  
ONLINE



# TEEN FINANCE SERIES

## Tips for a Successful Financial Life

Financial literacy has never been more important. Today's teens face increasingly complex financial challenges and opportunities. The Teen Finance Series was created to help students understand basic economic principles and learn how these principles apply to their own lives.

Each volume in the Teen Finance Series presents topics designed to help teens develop the skills necessary to manage their money wisely and plan for a secure financial future. These books are authoritative, well-organized, and easy-to use. The articles are written in a straightforward, easy-to-read style, with headings, sidebars, definitions, and illustrations.

### 2020 Title Schedule

**Personal and Automobile Loan Information for Teens, 1st Ed.**  
**April 2020. 978-0-7808-1788-3**

#### Cash and Credit Information for Teens, 3rd Ed.

Tips for a successful financial life including facts about earning money, paying taxes, budgeting, banking, shopping, using credit, and avoiding financial pitfalls.

**April 2017. 978-0-7808-1551-3.**

#### Earning Information for Teens, 1st Ed.

Provides consumer information and guidelines on financial and workplace planning and covers a variety of topics of interest to prospective teen workers, including guidelines on when and how a teen can work; resume preparation; conducting job searches; navigating workplace culture and performance expectations; spending wisely; and improving financial and working skills.

**Dec 2018. 978-0-7808-1575-9.**

#### College Financing Information for Teens, 3rd Ed.

Offers information for about planning, saving, and paying for post-secondary education, with facts about government aid, private loans and scholarships, and other sources of financial assistance.

**April 2017. 978-0-7808-1547-6.**

#### Financial Independence Information for Teens, 1st Ed.

Provides consumer information and guidelines on teen financial literacy and transitioning to adulthood. Offers career-planning guidance and covers internships, apprenticeships, and college; saving and spending wisely; money-management tools and other financial information offered as additional resources.

**Dec 2018. 978-0-7808-1581-0.**

#### Debt Information for Teens, 3rd Ed.

Provides information about establishing and using credit, managing credit cards, and coping with debt-related problems. Includes index and resource information.

**March 2018. 978-0-7808-1569-8.**

#### Savings and Investment Information for Teens, 3rd Ed.

Offers consumer finance information about economic principles, wealth development, bank accounts, stocks, bonds, mutual funds, and other financial tools.

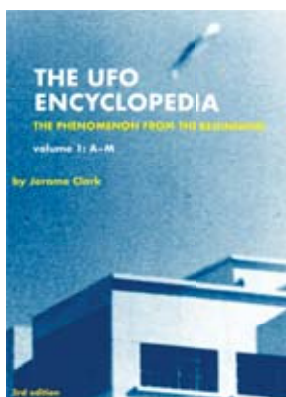
**April 2017. 978-0-7808-1553-7.**

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- Accessible organization
- Charts, tables, and illustrations
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- Comprehensive index
- Convenient trim size – 7¼ × 9¼
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The definitive reference guide to the UFO phenomenon

**Oct 2018.**  
**2 Volumes. 1520 pages.**  
 978-0-7808-1659-6.

List price: \$155

SCHOOL AND LIBRARY PRICE: **\$139**

*The UFO Encyclopedia* offers extensive coverage of the UFO phenomenon. This 3rd edition includes over one hundred new entries and offers context for the reams of declassified UFO-related documents that have been released in the United States, Brazil, and other countries; explores secret government programs that were revealed in recent years and before; and compiles and explains the UFO phenomena in all its aspects—the sightings, close encounters, investigations, debates, symposia, personalities, hoaxes, debunking campaigns, and conspiracy theories—including expert analysis of the UFO era and historical context for sightings in the century and a half before the UFO era.



## Holidays Around the World, 6th Ed.

Detailing More Than 3,300 Observances from All 50 States and More than 100 Nations

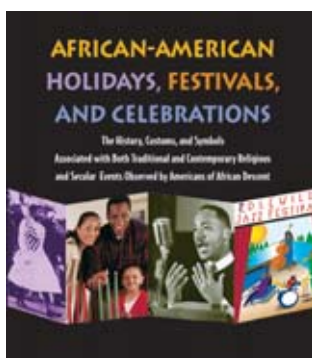
**Jan 2018. 1528 pages.**  
 978-0-7808-1619-0.

List price: \$177

SCHOOL AND LIBRARY PRICE: **\$159**

*Holidays Around the World* has long been considered the standard reference source for information on holidays and other events. This updated and expanded edition contains up-to-date information about more than 3,500 holidays, festivals, celebrations, commemorations, holy days, feasts and fasts, and other observances from around the world and all U.S. states.

Formerly *Holidays, Festivals, and Celebrations of the World Dictionary* this volume is a key resource for teachers and students, religious organizations, community groups, and anyone who needs information on different cultures, countries, and ethnic groups.



## African-American Holidays, Festivals, and Celebrations, 2nd Ed.

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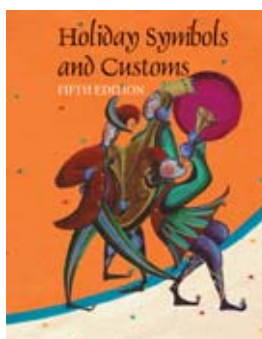
**Just Published! September 2019. 624 pages.**

List price: \$71

SCHOOL AND LIBRARY PRICE: **\$64**

*African-American Holidays, Festivals, and celebrations, 2nd Edition* presents the history, customs, symbols and lore of more than 100 diverse holidays and festivals celebrated by Americans of African descent in the United States.

Events covered include historical and contemporary African-American holidays-ranging from slave observances to Kwanzaa. Also covered are holidays and festivals commemorating notable people, historical events, cultural heritage, and religious beliefs. Religious observances include those of various Christian denominations and those of Santeria and other African-based faiths.



## Holiday Symbols and Customs, 5th Ed.

A Guide to the Legend and Lore behind the Traditions, Rituals, Foods, Games, Animals, plus more associated with Holidays and Holy Days, Feasts & Fasts, and Other Celebrations

**5th Edition. Library binding. 7¼ x 9¼. 1,458 pages. Appendices. Index. 978-0-7808-1364-9. July 2015.**

List price: \$133

SCHOOL AND LIBRARY PRICE: **\$119**

A Guide to the Legend and Lore behind the Traditions, Rituals, Foods, Games, Animals, plus more associated with Holidays and Holy Days, Feasts & Fasts, and Other Celebrations

Holidays and their related symbols and customs reflect the history and identity of people of all cultures. This revised and expanded edition provides an introduction to the many ways in which people celebrate and find meaning in these traditions.

*Holiday Symbols and Customs, 5th Edition* includes over 350 entries that cover such diverse topics as the Academy Awards, Cinco de Mayo, the Hiroshima Peace Ceremony, the Rose Bowl, and Watch Night.

## Ready-Reference Directories



### Headquarters USA 2020

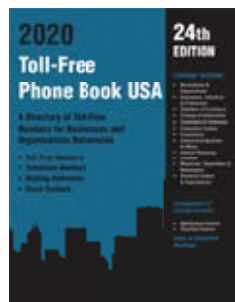
A Directory of Contact Information for Headquarters and Other Central Offices of Major Businesses and Organizations in the United States and in Canada

**September 2019. 42nd Edition. Softcover. 8 ½ x 11. 3,608 pages.**

2-vol set. Indexes. 978-0-7808-1745-6.

List price: \$231

SCHOOL AND LIBRARY PRICE: **\$210**



### Toll-Free Phone Book USA 2020

A Directory of Toll-Free Numbers for Businesses and Organizations Nationwide

**September 2019. 24th Edition. Softcover. 8 ½ x 11. 1064 pages.**

Index. 978-0-7808-1746-3

List price: \$210

SCHOOL AND LIBRARY PRICE: **\$190**

The 2021 edition of *Headquarters USA* contains over 130,000 unique listings covering the largest and most important businesses, and a wide range of organizations, agencies, and institutions. Listings are presented in both alphabetical and subject classified volumes, and provide official names, addresses, and telephone numbers. Most listings include fax numbers and website addresses, and many have toll-free numbers. With this comprehensive directory, you and your patrons can find verified, accurate, up-to-date information for all types of businesses, industries, and related organizations.

*Toll-Free Phone Book USA* provides more than 43,000 toll-free telephone numbers, along with other key contact information, for top companies, organizations, and institutions nationwide.

Listings are presented in two easy-to-use sections: an alphabetical section, and a classified section in which the listings are arranged under subject headings by business or organization type. Entries also provide complete mailing addresses and local phone numbers including area code, as well as trading symbols and corresponding stock exchanges for publicly traded companies.



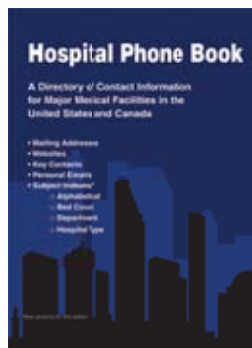
### Government Support Index Handbook 2020

**October 2019. Softcover. 7 ¼ x 9 ¼. 938 pages.**

Index. 978-0-7808-1747-0

List price: \$275

SCHOOL AND LIBRARY PRICE: **\$250**



### Hospital Phone Book

**April 2019. 52nd Edition. Softcover. 8 ½ x 11. 732 pages.**

Index. 978-0-7808-1748-7.

List price: \$195

SCHOOL AND LIBRARY PRICE: **\$175**

*Government Support Index Handbook* is a new reference resource containing encyclopedic entries of all domestic programs that offer financial and non-financial assistance from federal agencies. Entries include Program Title, Number, Description, Purpose, Eligibility/Beneficiary Rules, Award Size, and Funding Agency Contact Details.

This comprehensive resource includes a one year subscription to Omnigraphics' interactive database Government Support Index. Users can discover programs and agency contacts by federal agency, award types, applicant/beneficiary eligibility and subject of need. It also includes a keyword-driven search that complements the book and provides additional details for each program.

*Hospital Phone Book* contains information on over 9,000 major medical facilities across the United States and Canada. Each hospital entry includes full contact details along with the parent company name, hospital and ownership type, and number of beds. The directory also includes over 43,000 of the key administrative and managerial contacts for each institution that are so valuable to marketers and job-seekers, such as, when available, hospital administrator, facility supervisor, and human resources manager, among others.

Listings are arranged geographically, and the directory also contains a convenient alphabetical index. Valuable subject indexes also allow patrons to target facilities or organizations in specific categories, and access further resources for help and support.

## Ready-Reference Directories



### Northern California Directory 2020

**Coming Soon! February 2020. 31st Edition.**

**Softcover 8 ½ x 11**

**608 Pages**

**Index. 978-0-7808-1751-7**

This annual directory features high-tech companies and key contacts throughout Northern California, including the Silicon Valley area.

List Price: \$220 | Web Price: \$199

Northern California and the area known as Silicon Valley is home to many of the world's largest technology companies as well as thousands of start-ups. This area continues to be a leading hub for high-tech innovation and a powerful force for job creation and economic growth. This updated edition provides the most up to date information on over 6,000 of the top high technology companies in Northern California and Silicon Valley

### Pacific Northwest Directory 2020

**Coming Soon! February 2020.**

**Softcover 8 ½ x 11**

**534 Pages**

**Index. 978-0-7808-1749-4**

A fully-indexed directory featuring high-tech companies and key contacts in the Pacific Northwest (including Oregon, Washington, Idaho, Alberta, and British Columbia).

List Price: \$186 | Web Price: \$169

This updated edition of the Pacific Northwest High Technology Directory provides the most up to date information on over 4,000 of the top high technology companies throughout the Pacific Northwest region.



### Rocky Mountain Directory 2020

**Coming Soon! February 2020.**

**Softcover 8 ½ x 11**

**462 Pages**

**Index. 978-0-7808-1750-0**

Features high-tech companies and key contacts throughout the Rocky Mountain region, including Arizona, Colorado, Montana, Nevada, New Mexico, Utah & Wyoming.

List Price: \$186 | Web Price: \$169

With its dynamic business climate and scenic location, the Rocky Mountain area is one of the leading regions in the U.S. for population and job growth. It is also a major hub for high technology companies, attracting both established companies and young entrepreneurs. This updated edition of the Rocky Mountain High Technology Directory provides the most up to date information on over 4,000 of the top high technology companies throughout the Rocky Mountain region.

## Salesman's Guides



### Gift, Housewares & Home Textiles Buyers 2020

**Just Published! December 2019. 57th Edition.**  
Softcover 8 1/2 x 11  
362 pages.

Index. 978-0-7808-1752-4

Provides over 12,000 buyers and executives for over 4,000 retailers, ranging from national chains to your shop around the corner.

List Price: \$329 | School & Library Price: \$299

The 57th edition of Gift, Housewares & Home Textile Buyers lists more than 12,000 buyers and executives for over 4,000 retail firms in the United States and Canada that sell gifts, housewares, and home textile items.



### Mass Merchandise and Off-Price Apparel Buyers Directory 2020

**Just Published! December 2019, 57th Edition.**  
Softcover 8 1/2 x 11  
162 pages.

Index. 978-0-7808-1753-1

Provides over 4,500 contacts at more than 1,400 retailers, ranging from national chains to your shop around the corner.

List Price: \$329 | School & Library Price: \$299

The 57th edition of Mass Merchandisers & Off-Price Buyers lists more than 4,500 buyers and executives for over 1,400 retail firms in the United States and Canada that sell mass merchandise and off-price apparel, footwear, and accessory items.



### Men's & Boys Wear Buyers Directory 2020

**Just Published! December 2019, 57th Edition.**  
Softcover 8 1/2 x 11.  
286 pages.

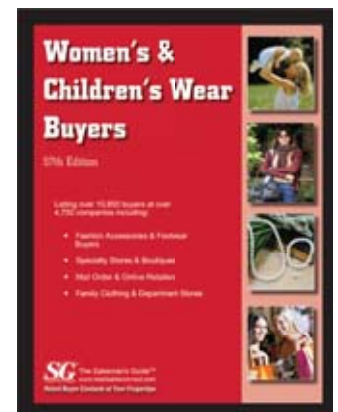
Index. 978-0-7808-1754-8

Provides over 8,200 contacts at more than 3,200 retailers, ranging from national chains to your shop around the corner.

List Price: \$329 | School &

Library Price: \$299

The 57th edition of Men's & Boy's Wear Buyers lists more than 8,200 buyers and executives for over 3,200 retail firms in the United States and Canada that sell men's and boy's apparel, footwear, and accessory items.



### Women's & Children's Wear Buyers Directory 2020

**Just Published! December 2019, 57th Edition.**  
Softcover 8 1/2 x 11.  
402 pages.

Index. 978-0-7808-1755-5

Provides over 10,000 contacts at more than 4,700 retailers, ranging from national chains to your shop around the corner.

List Price: \$329 | School & Library Price: \$299

The 57th edition of Women's and Children's Wear Buyers lists more than 10,000 buyers and executives for over 4,700 retail firms in the United States and Canada that sell women's and children's apparel, footwear, and accessory items.



### Independent Sales Representatives and Multi-Line Showrooms 2020

**Just Published! December 2019. 5th Edition.**  
Softcover 8 1/2 x 11  
168 pages.

Index. 978-0-7808-1756-2

Provides information on over 800 independent sales representatives and multi-line apparel showrooms in the United States and Canada.

List Price: \$329 | Library & School Price: \$299

The Independent Sales Representatives and Multi-Line Showrooms directory includes information on 800 independent sale agents and multi-line showrooms representing the fashion industry across the United States. These agents and showrooms are critical to merchandisers and manufacturers looking to connect with retailers to introduce their lines into the retail space.



# OMNIGRAPHICS

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<b>Allergy Information for Teens, 3rd Ed.</b>		
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